

U3A Mens Cooking, Past Menus

Date	Chef	Menu
12 Sept 05	Jonny Reynolds	Smoked mackerel pate Pitta bread pizza Lemon syllabub
26 Sept 05	Arthur Robins	Pasta bake
10 Oct 05	Rob Terry	Beef noodle casserole Yoghurt honey and nuts
14 Nov 05	Tony Evans	Vegetable and feta lasagne Rum tangerines and ginger crumbs
13 March 06	Arthur Robins	Baked stuffed mushrooms Liver and bacon on sweet potato mash
27 March 06	Rob Terry	Malmsey mushrooms with ham Fresh fruit salad
24 April 06	Tony Evans	Chicken navarin and spring vegetables Limoncello trifle
8 May 06	Jeff Wise	Ratatouille and mozzarella strudel
22 May 06	Don Gribble	Cannelloni with ham, spinach and 4 cheeses
23 Oct 06	Seb Welford	Moussaka
22 Jan 07	Jonny Reynolds	Turkey fricasse Stromboli Lemon drizzle cake
12 Feb 07	Tony Evans	Sausages braised in red wine Sticky toffee pudding
12 March 07	Don Gribble	Scotch eggs with feta salad Chocolate bread and butter pudding
23 April 07	Richard Tytler	Chilli con carne Maggie's meringue masterpiece
22 Oct 07	Don Gribble	Cherry tomato and sausage roast Spicy apple compote with shortbread
26 Nov 07	Rob Terry	Godsend pork and bacon casserole Clementine smooth
25 Feb 08	Niek van Dykhuizen	Chilli con carne
28 April 08	Faith Reynolds	Bread-making demonstration Leek soup with blue cheese
12 May 08	Joe McDonald	French bean and prawn collation Chicken el-Socorrat
8 Sept 08	Don Gribble	Cornish pasties Apple syllabub with cinnamon
10 Nov 08	Iris (Alan) Davis	Bronwyns cheesecake Apple and almond dessert cake
9 Feb 09	Richard Tytler	Chicken saute Mum's special sweet
9 March 09	Tony Evans	Chicken curry Sticky toffee pudding
23 March 09	Niek van Dykhuizen	Salmon with leeks and carrots Tiramisu
12 Jan 09	Jonny Reynolds	Liver and bacon casserole Apple strudel
26 Jan 09	John Peterson	Chicken and almonds Apple and orange crumble

Date	Chef	Menu
23 Feb 09	Joe McDonald	Moroccan lamb Lemon ginger and turmeric rice Baked apples
27 April 09	Terry Watts	Pork tenderloin with honey and mustard Blackberry and apple crumble
14 Sept 09	Don Gribble	Feta and courgette cakes Wholemeal syrup pudding and custard
28 Sept 09	Tim Page	Sticky orange chicken with herbs
12 Oct 09	Seb Welford	Fish and broccoli bake Carrot cake
26 Oct 09	John Peterson	Somerset pork casserole Jam roly poly
9 Nov 09	Niek van Dykhuizen	Fruity moroccan lamb Pineapple prize
23 Nov 09	Joe McDonald	Pancetta alla Georgiana Banana guk
7 Dec 09	Don Gribble Jonny Reynolds	Roast turkey and roast potatoes Cauliflower and broccoli in white sauce
11 Jan 10	Graham Cook	Spiced butternut squash soup Coq au vin Raspberry and almond trifle
25 Jan 10	Jeff Wise	Chicken fajitas Tomato salsa Strawberries in orange cream
8 Feb 10	George Hellis	Sausages and roasted vegetables Eton Mess
22 Feb 10	Alan Davis	Braised sausages with cider and fried apple rings
8 March 10	Tony Evans	Beef stroganoff with mushrooms and rice
22 March 10	Seb Welford	Leek, bacon and egg with cheese sauce Chocolate fudge brownies
26 April 10	Jonny Reynolds	Chicken liver pate, Sausage plait Rhubarb fool
10 May 10	Richard Tytler	Chicken paprikash Clair B's sticky toffee pudding
24 May 10	Terry Watts	Drunken chicken Summer apple crunch